FREE PRINTABLE CHECKLIST

DEEP CLEAN CHECKLIST

A full home reset, room by room, for spring cleaning, before a sale or before you move in.

51 tasks | 7 areas | Pro tips | Free PDF

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Bathrooms

- [x] ~~Scrub tile grout~~
- [x] ~~Descale the shower head, screen and taps~~
- [x] ~~Treat mould on silicone and ceilings~~
- [ ] Clean the exhaust fan
- [ ] Clean behind the toilet base

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Deep Clean Checklist

Allow a full weekend or a crew of two for a three or four bedroom home. Work from the top of each room down to the floor.

PROPERTY _____ DATE _____ COMPLETED BY _____

Gather your kit first

Microfibre cloths, a scrubbing brush, a grout brush, a squeegee, bicarb soda, white vinegar, a good degreaser, a vacuum with attachments, a bucket and a step ladder.

Bathrooms

9 tasks

- [ ] Scrub tile grout
- [ ] Descale the shower head, screen and taps
- [ ] Treat mould on silicone and ceilings
- [ ] Clean the exhaust fan
- [ ] Clean behind the toilet base
- [ ] Clear and clean drains
- [ ] Wash bath mats and the shower curtain
- [ ] Wipe inside cabinets and drawers
- [ ] Polish mirrors and chrome

Kitchen

9 tasks

- [ ] Clean inside the oven, racks and door glass
- [ ] Degrease the rangehood and wash the filters
- [ ] Clean the top and back of the fridge
- [ ] Empty, wipe and sanitise the fridge
- [ ] Wipe inside every cupboard and drawer
- [ ] Clean the dishwasher filter and run a cleaning cycle
- [ ] Descale the kettle and taps
- [ ] Scrub the splashback and grout
- [ ] Clean small appliances inside and out

Bedrooms

7 tasks

- [ ] Flip and vacuum the mattress
- [ ] Wash pillows, doona and mattress protector
- [ ] Dust and wipe the bedhead and bed frame
- [ ] Vacuum under the bed
- [ ] Clear and wipe wardrobes and shelves
- [ ] Dust ceiling fans and light fittings
- [ ] Wipe doors, handles and skirting boards

Living areas

8 tasks

- [ ] Vacuum sofas and move the cushions
- [ ] Dust books, frames and ornaments
- [ ] Wipe TV units and cables
- [ ] Clean air conditioner filters and vents
- [ ] Wash cushion covers and throws
- [ ] Vacuum behind and under furniture
- [ ] Spot clean walls and switches
- [ ] Steam clean carpets or mop floors

Windows and doors

6 tasks

- [ ] Clean window glass inside and out where reachable
- [ ] Vacuum and wipe window tracks
- [ ] Wipe blinds slat by slat or wash curtains
- [ ] Clean sliding door tracks
- [ ] Wash flyscreens
- [ ] Wipe front and back doors and handles

Laundry and storage

6 tasks

- [ ] Run a washing machine cleaning cycle
- [ ] Clean the dryer lint filter and vent
- [ ] Wipe the laundry tub and cabinets
- [ ] Clear out the linen cupboard
- [ ] Wash bins inside and out
- [ ] Declutter the garage or storage area

Floors and finishing

6 tasks

- [ ] Vacuum every carpet and rug
- [ ] Mop hard floors from the back of the house to the door
- [ ] Wipe skirting boards and door frames last
- [ ] Empty bins and replace liners
- [ ] Open the windows for fresh air
- [ ] Step back and check every room

Pro tips from our crews

- Let products sit on grime for the time on the label. Scrubbing harder rarely works as well as waiting.
- Perth's hard water leaves limescale on screens and taps. White vinegar or citric acid works on most surfaces, but never on natural stone.
- A deep clean is easiest in the cooler hours of the day, with the windows open.