FREE PRINTABLE SCHEDULE

# WEEKLY CLEANING SCHEDULE

A few minutes a day, one focus a day, and a clean home all week.

7 days | One focus a day | Free PDF

FREE PDF

## This week

- [x] ~~Mon: Bathrooms~~
- [x] ~~Tue: Dust and surfaces~~
- [ ] Wed: Floors
- [ ] Thu: Kitchen deep tidy
- [ ] Fri: Linen and bedrooms

## Stay on top of it, all week.

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15 Humffray Street, Brabham, Perth WA 6055

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# Weekly Cleaning Schedule

Pick one focus each day. Each task takes about 10 to 20 minutes. Tick them off as you go and keep the sheet on the fridge.

HOUSEHOLD _____ WEEK STARTING _____ WHO IS DOING WHAT _____

## Monday: Bathrooms

4 tasks

- [ ] Clean the toilet, basin and shower
- [ ] Wipe mirrors and taps
- [ ] Wash bath mats
- [ ] Empty the bin

## Tuesday: Dust and surfaces

4 tasks

- [ ] Dust shelves and frames
- [ ] Wipe skirting boards
- [ ] Clean the TV and screens
- [ ] Wipe door handles and switches

## Wednesday: Floors

4 tasks

- [ ] Vacuum all rooms
- [ ] Mop hard floors
- [ ] Shake out entrance mats
- [ ] Spot clean carpet marks

## Thursday: Kitchen

4 tasks

- [ ] Clean the stovetop and oven door
- [ ] Wipe the microwave
- [ ] Clean the fridge shelves
- [ ] Wash the sink and bin

## Friday: Bedrooms and linen

4 tasks

- [ ] Change the sheets
- [ ] Tidy wardrobes and drawers
- [ ] Vacuum under the bed
- [ ] Dust bedside tables

## Saturday: Laundry and outdoors

4 tasks

- [ ] Wash and fold laundry
- [ ] Sweep the patio and entry
- [ ] Wipe outdoor furniture
- [ ] Water pot plants

## Sunday: Reset

4 tasks

- [ ] Empty all bins
- [ ] Plan next week's meals
- [ ] Quick tidy of living areas
- [ ] Restock cleaning supplies

TRACKER

# Weekly tracker

Tick each box when the task is done. Print a fresh copy each week.

| TASK | M | T | W | T | F | S | S |
|---|---|---|---|---|---|---|---|
| Bathrooms | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| Dust and surfaces | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| Floors | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| Kitchen | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| Bedrooms and linen | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| Laundry | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| Bins out | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| Outdoor tidy | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| Restock supplies | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| Reset and tidy | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |

**Monthly extras (pick one each weekend)**

Oven and rangehood · Fridge deep clean · Window tracks · Skirting and walls · Mattress turn and vacuum · Wash curtains · Clean the washing machine · Tidy the garage or shed

**Short on time?**

Book a professional clean for the big jobs and keep this schedule for the daily upkeep. A regular home clean from our Perth crews starts with a price in about a minute at cleaningcrews.com.au.